

Aikido

Kangeiko (Winter Training)

Instruction by Andrew Sato, Rokudan Aikikai

February 4 - 7, 2010

Hosted by
Kiku Matsu Dojo

4512 N. Lincoln Avenue

Chicago, IL 60625

Phone: 773-784-4450



About Kangeiko (Winter Training)

A period of intensive training during the deep end of the long winter, Kangeiko is meant to build one's spirit to face the adversities in life. It is meant to push you to find your spirit and realize the power you have to gracefully conduct your daily life. Tachi waza, suwari waza, and buki waza will all be covered during the training. Please bring your jo and bokken.

Kangeiko Schedule

Thursday February 4th	11:00 am – 1:00 pm 3:00 pm – 5:00 pm 6:00 pm – 8:00 pm	Aikido Aikido Aikido
Friday February 5th	7:30 am – 8:30 am 11:00 am – 1:00 pm 3:00 pm – 5:00 pm 6:00 pm – 8:00 pm	Aikido Aikido Aikido Aikido
Saturday February 6th	10:00 am – 1:00 pm 3:00 pm – 6:00 pm 6:30 pm	Aikido Aikido Group Dinner
Sunday February 7th	9:30 am – 12:30 pm	Aikido

About the Instructor

Andrew M. Sato, Rokudan Aikikai, is a full-time Aikido instructor. Sato Sensei trained under Fumio Toyoda Shihan beginning in 1977, until Toyoda Sensei's passing in 2001. From 2002 until the end of 2004, Sato Sensei served as the chief instructor of both the AAA and AAI. In 2005, he organized the Aikido World Alliance.

About the Dojo

Kiku Matsu is the headquarter dojo for the Aikido World Alliance. The dojo began holding classes in January 2005 at Chicago's Gill Park three nights a week. After intensive searching, we found our current home in Lincoln Square. It is a small dojo offering daily Aikido classes for both adults and children. As head dojo for the AWA, on any given night throughout the year, you will see visitors from other member dojo sharing their friendship and Aikido.

Lodging in the Area

Heart of Chicago

5990 N. Ridge
Chicago, IL 60660
Ph: 773-271-9181

Guest House

2600 W. Bryn Mawr
Chicago, IL 60659
Ph: 773-561-6811

The Willows

555 W. Surf Street
Chicago, IL 60657
Ph: 773-528-8400

Upcoming AWA Events

February 19-21, 2010	Wadokan Dojo - Gdynia, Poland
March 12-14, 2010	Yanagi Dojo - Norwalk, CT
March 26-28, 2010	Gishinkan Dojo - Kure Beach, NC
April 16-18, 2010	Montco Aikido Dojo - Philadelphia, PA

Kangeiko Registration Form – Kiku Matsu Dojo, IL

Please note that attendance is limited to 50 people.

I would like to register for Kangeiko. Please find enclosed my check or money order (made payable to "Aikido World Alliance") in the amount of:

- [] \$100 Entire Kangeiko (Thursday through Sunday)
 [] \$40 Thursday only [] \$60 Friday only [] \$60 Saturday only [] \$40 Sunday only

Event Date(s)	Fee	Today's Date
Name		
Mailing Address		
City	State	Zip
Home Phone	Work Phone	E-mail
Martial Art: Aikido []		Other []
Name of Dojo		Rank
Emergency Contact		Phone

For more information, contact:

E-mail: aikidoalliance@aol.com
 Phone: 773-784-4450
 Fax: 773-784-4405

Payment Method

- [] Check Enclosed: Amount: _____
 [] Credit Card: Visa MasterCard Card #: _____ Exp. _____

[] Cash

Please mail registration and payment to:
 Aikido World Alliance, 4512 N. Lincoln Ave., Chicago, IL 60625

Release of Liability (Please read before you sign)

For the permission of Aikido World Alliance, to use its facilities and of the execution by others of agreements similar, the undersigned agrees that while upon the premises of Aikido World Alliance or while using its facilities or equipment, whether at Aikido World Alliance or at any other location for the purpose of practice or of demonstration, said premises, facilities, and equipment shall be occupied and used at the sole risk and responsibility of the undersigned, and the undersigned hereby releases Aikido World Alliance from any and all claims for personal injury, damage, or loss of any kind or description resulting from being thereon or from such use or from the acts of any persons thereon. The undersigned further agrees to indemnify and hold harmless Aikido World Alliance and each of its instructors, teachers, officers, directors, and members from or against any and all claims made or instituted against it or them arising out of the acts of the undersigned while upon the premises of Aikido World Alliance or while using any of its facilities or equipment, whether at the Aikido World Alliance or any other location for the purpose of practice or demonstration, including injury or loss to the undersigned however caused and injury or loss caused by the undersigned to any other person. I certify by my signature that I have read and understand this agreement in its entirety and all of my questions regarding it have been fully answered. I understand that Aikido World Alliance document activities and events involving classes and instruction. I give Aikido World Alliance permission to use any documentation, such as video taping, photography, or film, in which my image is taken in whatever way Aikido World Alliance wish. I understand that Aikido World Alliance is the sole owner of this documentation.

Signed: _____

Signed: _____
 (Parent or guardian if participant is under 18)

Date:	By Whom:
Amount:	Cash: Ck: Chg:
Note:	